



Ways to Reduce Your Ecological Footprint

A little footprint has a BIG impact on our world!

Assess your ecological footprint

Visit www.vanaturally.com/footprint.html to measure yours.

Buy locally grown & manufactured goods

Visit the VA Dept. of Agriculture & Consumer Services website for a listing of VA producers:

www.vdacs.virginia.gov/consumer/index.html

Be a smart driver & Clean Air Champion

Keep your car in tune to prevent air pollution. Check out the VA Dept. of Environmental Quality daily air quality index for ozone:

www.deq.virginia.gov/airquality

Plant a SHADE tree

Trees cool our cities, filter the air, buffer noise & provide homes and food for wildlife. For information & assistance, visit the

VA Dept. of Forestry: www.dof.virginia.gov

Save energy to conserve non-renewable fuels and protect air & water

See DEQ's pollution prevention site for more tips:

www.deq.virginia.gov/p2/vise/efficiency.html



